

**George Mason University
College of Nursing and Health Science
NURS 331 - Fall 2005**

Uniform Policy

Students preparing for a nursing career bear the responsibility to conduct themselves and dress in a manner that reflects professionalism. Proper attire and appearance enhances both your credibility and that of the University with clients, their families, and agency personnel.

Professional conduct is expected at all times, e.g., not talking loudly, not chewing gum and no transaction of personal business in the clinical unit except for emergency situations.

George Mason University, College of Nursing and Health Science does not have a contract with a specific uniform company. Students are expected to select a uniform that reflects a professional appearance and one in which the college can be proud. Name tags must be worn both in institutional and community settings. Uniforms with a GMU patch should only be worn in designated clinical courses, and students should use good judgment in deciding where to stop while wearing the uniform. Remember that the uniform has been worn in a contaminated environment. Another source of contamination is jewelry. To insure client safety and prevent the transmission of microorganisms, bracelets, chains, necklaces, large earrings and rings with stones should not be worn in institutional and community settings. **Faculty have the responsibility and reserve the right to judge the appropriateness of a student's attire, and may modify the policy in accordance with agency guidelines and standards.** Due to limited space for students' belongings, avoid carrying purses or other valuables to clinical settings.

Beginning in the fall semester of the junior year, nursing students are required to wear a uniform in all institutional settings. Name pins with a **green background and white lettering** and GMU patches may be purchased at the University Bookstore. Allow two weeks for the pin to be ready. Students should also obtain a white lab coat, a watch with a second hand or digital second indicator, and a dual head stethoscope. The stethoscope may be purchased through the Nursing Students' Association.

In health care facilities, proper attention to hygiene is more than common courtesy. In order to convey respect to clients and colleagues and because of health laws, isolation and aseptic techniques, students must maintain good personal hygiene. Observe proper bathing habits, use deodorant products to prevent odor, and avoid overpowering colognes and perfumes that can be offensive.

Students must adhere to following guidelines:

Institutional settings (acute care settings, long term care, extended care facilities):

No waist packs may be worn due to the probability of cross contamination and the transmission of nosocomial infections

Females:

Identification: Name tag, GMU patch. Sew patch on the left upper sleeve or attach with Velcro. No other type of button or pin may be

worn.

Color:	Top: Pull over Hunter green top. Pant or skirt: white.
Material:	Cotton, cotton blend.
Top:	Scrub material. Short sleeve with two pockets . A long sleeve white top may be worn under top.
Pant:	White with two side pockets. No elastic cuffs.
Skirt:	White, knee length with two side pockets.
Shoes:	White (no canvas sneakers or clogs), polished, clean and in good repair.
Hair:	Neatly arranged, off the face and uniform collar or tied back pony tail or braid. Discreet hair accessories.
Hosiery:	Worn at all times. White hose; white socks with pants, hose to be worn with the skirt.
Sweater:	Washable white cardigan or white lab coat with GMU patch.
Jewelry:	Wedding bands only, a watch with second hand, one pair of stud earrings. No chains, necklaces, bracelets, dangle or hoop earrings.
Nails:	Short nails, clear nail polish only. No artificial nails or tips.

Males:

Identification:	Name tag, GMU patch. Sew patch on the left upper sleeve or attach it with Velcro. No other type of button or pin may be worn.
Color:	Top: Pull over Hunter Green. Pant: White.
Material:	Cotton or cotton blend.
Top:	Hunter Green scrub top with two pockets at bottom. A long sleeve white shirt may be worn under the top.
Pants:	White with two side pockets. No elastic cuffs.
Shoes:	White shoes(no canvas sneakers), clean, polished and in good repair. White socks worn at all times.
Jewelry:	Wedding bands only, a watch one pair of small post earrings. No chains, necklaces, bracelets dangle or hoop earring.
Hair:	Beards and/or mustaches should be neatly trimmed; hair off collar or tied back.
Sweater:	Washable white sweater or white lab coat with GMU patch.

Community Settings:

Female:

Identification:	Name Tag should be worn at all times. No other type of or pin may be worn.
Material:	Washable in designated settings.
Dress style:	Tailored tops, pants, dresses and skirts. Length of dresses and skirts must be at least knee length, reasonable and discreet. No jeans, sweat pants, stirrup pants or scrub pants or tops. No exposed midriiffs.

- Shoes: Sturdy, closed toe and heel, clean, polished and in good repair.
- Hair: Neatly arranged, off the face and collar or tied back in pony tail or in a braid. Discreet hair accessories.
- Hosiery: Stockings and/or socks with pants worn at all times.
- Jewelry: Wedding bands only, a watch, one pair of small stud earrings. No chains, necklaces, bracelets, dangle or hoop earrings.
- Nails: Short nails, clear nail polish only. No artificial nails or tips.

Males:

- Identification: Nametag should be worn at all times. No other type of button or pin may be worn.
- Dress style: Tailored trouser and shirts. No jeans or sweat pants. Shirt and tie when required.
- Shoes: Clean, polished and in good repair. Socks must be worn at all times.
- Jewelry: Wedding bands only, a watch, one pair of small stud earrings. No chains, necklaces, bracelets, dangle or hoop earrings.
- Hair: Beards and/or mustaches should be neatly trimmed; hair off collar or tied back.

Please note that all noise-making devices (pagers, cell phones, etc.) must be turned off during class sessions and clinical sessions.