

The minor in nutrition offers a variety of courses for students pursuing undergraduate degrees at George Mason University. Students who may be interested in completing the minor include those pursuing degrees related to nutrition, health, and education. The minor is intended to increase knowledge of nutrition issues. **The nutrition minor is not equivalent to the registered dietitian license and does not provide a license to practice therapeutic nutrition.**

Admission Requirements

Students from all disciplines at George Mason University are encouraged to apply. Application is made through the College of Health and Human Services. Students are required to take an introductory nutrition course, such as GCH 295. To complete the minor, students are required to pass 15 credits of undergraduate course work. At least 6 credits must be completed at Mason, and no more than 3 credits of "C-" or "D" in minor courses are accepted.

Program of Study

Candidates for the minor in nutrition must present 15 credits as follows:

Required Courses	12
GCH 420 Strategies for Nutrition Education	3
GCH 421 Community Nutrition	3
GCH 422 Nutrition throughout the Life Cycle	3
GCH 423 Nutrition and Chronic Illnesses	3
Electives (choose one from the following)	3
CHEM 102 Introduction to Organic, Biochemical, Pharmacological and Fuel Chemistry	3
CHEM 463 General Biochemistry I	4
GCH 466* Nutrition and Weight Management: Obesity, Anorexia, and Bulimia	3
GCH 530 Nutrition: A Global Perspective	3
GCH 583 Food and Culture: Biocultural Perspectives on Food and Nutrition	3
<i>*GCH 466 can be used as an elective or to substitute for GCH 420 or GCH 421.</i>	
TOTAL	15

Contact Information

Nutrition Program

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George Mason University
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Fairfax, VA 22030

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Fax: 703-993-3606
Web: chhs.gmu.edu/gch

University Admissions

Office of Undergraduate Admissions
Johnson Center 213
George Mason University
4400 University Drive, MS 3A4
Fairfax, VA 22030

Phone: 703-993-2400
Fax: 703-993-2392
Web: admissions.gmu.edu

Financial Aid

Office of Student Financial Aid
South Chesapeake Module
George Mason University
4400 University Drive, MS 3B5
Fairfax, VA 22030

Phone: 703-993-2353
Fax: 703-993-2350
Web: financialaid.gmu.edu

The above information is based on the 2009–2010 University Catalog and is subject to change without notice or obligation. It is not to be regarded as a contract.

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