

**Department of Global and
Community Health (GCH)
and
Global Health Students
Beyond Borders (GHSBB)**

**News, events, programs, faculty
publications. student community
involvement**

**Nutrition and Weight
Management Class
(GCH 466)**

**Food Fads: how to tell the
difference between fact and
fiction.**

(Wednesday only!)

**Strategies for Nutrition
Education Class
(GCH 420)**

**Distributing and presenting of
some various nutritional
education information.**

(Thursday only!)

**Center for the Study of
Chronic Illness and
Disability (CCID)**

**Distributing fitness information
for a healthier life style, rehab
technique demonstrations, testing
grip strength (indicator of
mortality), free pedometers!**

HEALTH & FITNESS EXPO

Come Join the Dept. of Global and Community Health!

On the Fairfax Campus at The Johnson Center's Dewberry Hall and Plaza



COLLEGE OF
Health and Human Services

March 26, 2008 12pm—6pm

March 27, 2008 10am—4pm